

LARGE SUNDAES (WITHOUT TOPPINGS OR WAFER BISCUIT)

Large	Strawberry	Fruit Medley	Pineapple	Peach Melba	Pear
Energy(kj)	2412kj	2331kj	2325kj	2267kj	2233kj
Energy(kcal)	572kcal	552kcal	551kcal	538kcal	529kcal
Total Fat	18.7g	18.7g	18.7g	18.7g	18.7g
Of which Saturates	12.1g	12.1g	12.1g	12.1g	12.1g
Total Carbohydrates	80.4g	75.4g	75.1g	72.5g	70.7g
Of which Sugars	80.4g	74.0g	73.8g	70.7g	70.7g
Protein	20.6g	20.4g	20.3g	20.3g	20.2g
Salt	0.8g	0.8g	0.8g	0.8g	0.8g
Allergens Present	Milk	Milk	Milk	Milk	Milk

Large	Chocolate	Coffee Nut	Straw/Choc Mallow	Biscoff
Energy(kj)	2571kj	2765kj	2818kj	3769kj
Energy(kcal)	610kcal	658kcal	668kcal	898kcal
Total Fat	19.0g	29.6g	19.4g	33.0g
Of which Saturates	13.1g	15.1g	12.5g	18.5g
Total Carbohydrates	84.3g	71.7g	102.4g	107.8g
Of which Sugars	79.9g	70.5g	87.8g	92.5g
Protein	22.6g	27.0g	21.2g	23.0g
Salt	0.9g	0.8g	0.9g	1.3g
Allergens Present	Milk	Milk, Peanuts	Milk, Sulphur Dioxide, Egg	Milk, Soya, Wheat

Large	Sticky Toffee	Cherry Sundae	Hazelnut Fudge	Rasp Crumble
Energy(kj)	2648kj	2610kj	3708kj	2638kj
Energy(kcal)	628kcal	618kcal	844kcal	625kcal
Total Fat	19.0g	19.4g	38.6g	21.0g
Of which Saturates	14.5g	12.5g	18.5g	13.2g
Total Carbohydrates	95.6g	88.4g	99.4g	86.6g
Of which Sugars	86.0g	85.1g	98.7g	79.9g
Protein	21.0g	21.4g	24.8g	21.8g
Salt	1.3g	0.9g	0.9g	1.0g
Allergens Present	Milk	Milk	Milk, Hazelnuts, Soya	Milk, Wheat, Oats

For allergens including cereals containing gluten see ingredients in **bold**. May contain nuts, peanuts, egg