

## Allergen and Nutritional Information

### **REGULAR SUNDAES (WITHOUT TOPPINGS OR WAFER BISCUIT)**

<b>Regular</b>	Strawberry	Fruit Medley	Pineapple	Peach Melba	Pear
Energy(kj)	1287kj	1293kj	1269kj	1294kj	1256kj
Energy(kcal)	305kcal	307kcal	301kcal	307kcal	298kcal
Total Fat	10.5g	10.5g	10.5g	10.5g	10.5g
Of which Saturates	6.9g	6.9g	6.9g	6.9g	6.9g
Total Carbohydrates	40.4g	40.4g	39.2g	40.8g	38.8g
Of which Sugars	40.4g	39.6g	38.6g	39.2g	38.8g
Protein	11.8g	11.7g	11.7g	11.7g	11.7g
Salt	0.5g	0.5g	0.5g	0.5g	0.5g
Allergens Present	<b>Milk</b>	<b>Milk</b>	<b>Milk</b>	<b>Milk</b>	<b>Milk</b>

<b>Regular</b>	Chocolate	Coffee Nut	Straw Mallow	Choc Mallow
Energy(kj)	1546kj	1707kj	1837kj	1837kj
Energy(kcal)	367kcal	407kcal	435kcal	435kcal
Total Fat	10.5g	19.5g	10.5g	10.5g
Of which Saturates	7.7g	9.8g	6.9g	6.9g
Total Carbohydrates	50.3g	40.1g	72.4g	72.4g
Of which Sugars	50.3g	39.2g	56.4g	56.4g
Protein	13.6g	17.5g	12.0g	12.0g
Salt	0.5g	0.5g	0.5g	0.5g
Allergens Present	<b>Milk, Sulphur Dioxide</b>	<b>Milk, Peanuts</b>	<b>Milk, Sulphur Dioxide, Egg</b>	<b>Milk, Sulphur Dioxide, Egg</b>

<b>Regular</b>	Sticky Toffee	Cherry Temptation	Hazelnut Fudge	Rasp Crumble
Energy(kj)	1769kj	1502kj	3062kj	1798kj
Energy(kcal)	421kcal	356kcal	732kcal	426kcal
Total Fat	10.5g	10.5g	38.3g	12.9g
Of which Saturates	6.9g	6.9g	15.4g	8.0g
Total Carbohydrates	66.5g	51.4g	78.0g	62.7g
Of which Sugars	66.5g	48.7g	77.3g	54.1g
Protein	12.1g	12.0g	17.0g	12.9g
Salt	0.5g	0.5g	0.5g	0.6g
Allergens Present	<b>Milk</b>	<b>Milk</b>	<b>Milk, Hazelnuts, Soya</b>	<b>Milk, Wheat, Oats</b>

For allergens including cereals containing gluten see ingredients in **bold**. May contain nuts, peanuts, egg