Allergen and Nutritional Information

LARGE SUNDAES (WITHOUT TOPPINGS OR WAFER BISCUIT)

| <u>Large</u> | Strawberry | Fruit Medley | Pineapple | Peach Melba | Pear |
|---------------------|------------|--------------|-----------|-------------|---------|
| Energy(kj) | 2455kj | 2467kj | 2419kj | 2469kj | 2394kj |
| Energy(kcal) | 583kcal | 585kcal | 574kcal | 586kcal | 568kcal |
| Total Fat | 20.0g | 20.0g | 20.0g | 20.0g | 20.0g |
| Of which Saturates | 13.1g | 13.1g | 13.1g | 13.1g | 13.1g |
| Total Carbohydrates | 77.3g | 77.3g | 74.8g | 78.1g | 74.1g |
| Of which Sugars | 77.3g | 75.8g | 73.6g | 75.0g | 74.1g |
| Protein | 22.3g | 22.3g | 22.2g | 22.3g | 22.2g |
| Salt | 0.9g | 0.9g | 0.9g | 0.9g | 0.9g |
| Allergens Present | Milk | Milk | Milk | Milk | Milk |

| <u>Large</u> | Chocolate | Coffee Nut | Straw Mallow | Choc Mallow |
|---------------------|---------------|---------------|---------------|---------------|
| Energy(kj) | 2793kj | 3015kj | 3231kj | 3231kj |
| Energy(kcal) | 663kcal | 718kcal | 765kcal | 765kcal |
| Total Fat | 20.0g | 33.1g | 20.0g | 20.0g |
| Of which Saturates | 14.3g | 17.3g | 13.1g | 13.1g |
| Total Carbohydrates | 89.4g | 73.7g | 122.6g | 122.6g |
| Of which Sugars | 89.4g | 72.4g | 98.5g | 98.5g |
| Protein | 25.1g | 30.1g | 22.6g | 22.6g |
| Salt | 0.9g | 0.9g | 1.0g | 1.0g |
| Allergens Present | Milk, Sulphur | Milk, Peanuts | Milk, Sulphur | Milk, Sulphur |
| | Dioxide | | Dioxide, Egg | Dioxide, Egg |

| <u>Large</u> | Sticky Toffee | Cherry Temptation | Hazelnut Fudge | Rasp Crumble |
|---------------------|---------------|-------------------|------------------|--------------|
| Energy(kj) | 3129kj | 2728kj | 4974kj | 3172kj |
| Energy(kcal) | 744kcal | 647kcal | 1187kcal | 752kcal |
| Total Fat | 20.0g | 20.0g | 59.5g | 23.5g |
| Of which Saturates | 13.1g | 13.1g | 25.7g | 14.8g |
| Total Carbohydrates | 113.7g | 91.1g | 130.8g | 108.0g |
| Of which Sugars | 113.7g | 87.0g | 129.7g | 95.1g |
| Protein | 22.7g | 22.7g | 29.6g | 24.0g |
| Salt | 0.9g | 0.9g | 1.0g | 1.1g |
| Allergens Present | Milk | Milk | Milk, Hazelnuts, | Milk, Soya, |
| | | | Soya | Oats |

For allergens including cereals containing gluten see ingredients in **bold**. May contain nuts, peanuts, egg